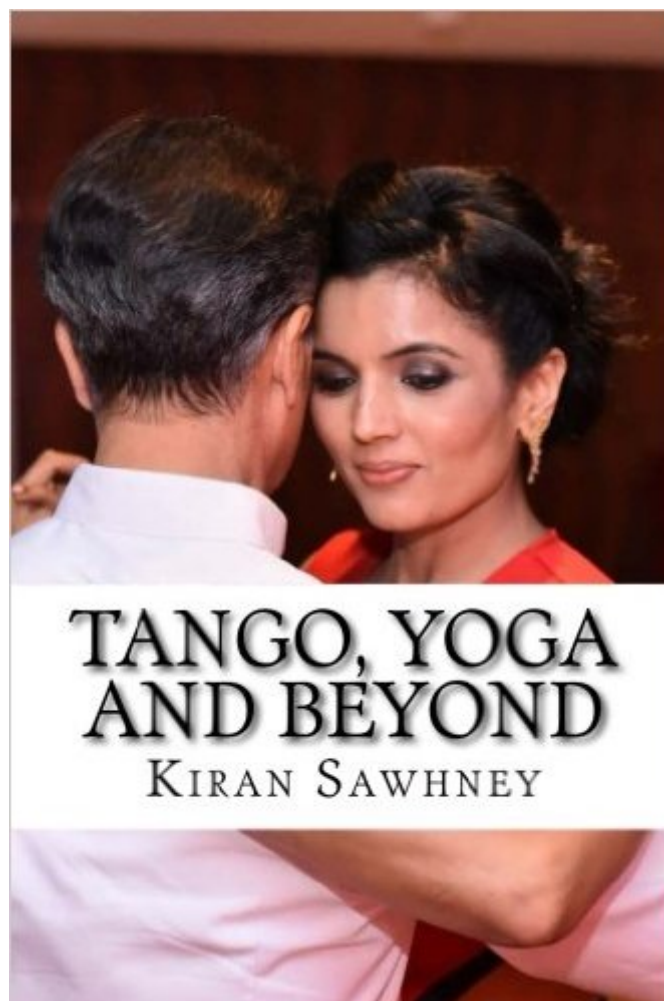


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Tango, Yoga And Beyond: Journey Of Indian Tanguera



Synopsis

The book is a journey of Indian Tanguera trying to promote an art form which she is passionate about in a country where it is considered a taboo. Tango and Yoga have so much in common. Yet, are poles apart. India (the land of yoga) and Argentina (the land of tango) have so much to offer to the world. The therapeutic benefits of yoga are being recognised but world seems bereft of tango and its benefits. How this tanguera crosses so many hurdles, pursues her passions and promotes Tango in India. She reveals her journey of Indian classical dancer and Yogi and transcends to becoming a tanguera. It is no easy feat. Discover the world of tango through her eyes and through her journey,

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